

# HORSEHEADS HIGH SCHOOL

## "NOTES"



Volume 39 Number 2

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### High School Phone Number: 739-5601

Ext. 1600 Karen Donahue  
Ext. 1602 Dan Buseck  
Ext. 1603 Mike McCawley  
Ext. 1618 Kris Earl

Ext. 1608 Main Office  
Ext. 1612 Attendance Office  
Ext. 1630 Guidance Office  
Ext. 1622 Nurse's Office

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### STUDENTS TO PERFORM AT N.Y.S.S.M.A. CONFERENCE

The Horseheads High School Music Department is proud to announce that 8 of our music students have been accepted to this year's New York State School Music Association Conference All-State music ensembles. Congratulations to: **Katherine Marshall** – String Orchestra; **Erik Brown** – Mixed Chorus; **Riley Burns** – Alto Alternate; **Katherine Matthews** Women's Chorus; **Kayla Mauk** – Soprano Alternate; **Tessa Palmquist** – Mixed Chorus; **Bruce Eskesen** – Mallet Percussion Alternate; **James Parker** – Wind Ensemble. The event is held in Rochester, New York, from December 1<sup>st</sup> – 4<sup>th</sup>.

Congratulations!

### COMMENDED STUDENTS

Seniors **Henry Farr**, **Omair Irfan**, **Nicholas Juan**, **Samuel Kuhnel**, **Alexander Lee**, **Jiesi Liu**, **Dominic Magistro**, and **Kenneth Peterson** have been named Commended Students in the 2017 National Merit Scholarship Corporation. About 34,000 Commended Students throughout the nation are being recognized for their exceptional academic promise. Although they will not continue in the 2017 competition for National Merit Scholarship awards, Commended Students placed among the top five percent of more than 1.6 million students who entered the 2017 competition by taking the 2015 Preliminary SAT/National Merit Scholarship Qualifying Test.

Great job!

### YEARBOOK NEWS!

Jostens, our new yearbook company, is offering a special pricing on the 2017 Equestrian. Students who order by September 30<sup>th</sup> may purchase the book for \$50.93, plus NYS tax for a total of \$55. This offer is good only until the end of the month. Look at this offer, and others, at Jostens.com.

## **NO CHILD LEFT BEHIND ACT - OPTING OUT**

The federal No Child Left Behind Act of 2001 and the Elementary and Secondary Education Act of 1965 require that all schools receiving federal funding must provide student information to military recruiters and institutions of higher learning unless parents opt out in writing. Students who are 18 years of age or older may also opt out of this requirement. If you do not want information to be released regarding your student, please return the form below to: Karen Donahue, Principal, Horseheads High School, 401 Fletcher Street, Horseheads, New York 14845 **before November 1<sup>st</sup>**.

### **Opt Out Request for Directory Information**

#### **For parents/guardians:**

\_\_\_\_\_ I do not give permission for Horseheads High School to turn over the name, address, telephone listing, and school records of my child to military recruiters.

\_\_\_\_\_ I do not give permission for Horseheads High School to turn over the name, address, telephone listing, and school records of my child to institutions of higher learning.

#### **For students age 18 or over:**

\_\_\_\_\_ I do not give permission for Horseheads High School to turn over my name, address, telephone number, and school records to military recruiters.

\_\_\_\_\_ I do not give permission for Horseheads High School to turn over my name, address, telephone number, and school records to institutions of higher learning.

STUDENT NAME: \_\_\_\_\_

NAME OF SCHOOL: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP: \_\_\_\_\_

## **SENIOR CLASS NEWS**

- Senior Panoramic photo – Tuesday, September, September 27<sup>th</sup>, at 7:50am, order forms were handed out in homeroom on Sept 14<sup>th</sup>
- Magazine kick off assembly – Wed, September 28<sup>th</sup>, 1<sup>st</sup> Period
- Magazine sale parent/Guardian meeting – Wednesday, September 28<sup>th</sup> at 6:30pm, auditorium.
- Magazine sale ends October 14<sup>th</sup>

## **STUDENT PHOTO RELEASE**

Throughout the year the school district may photograph, videotape, and/or interview students for its publications or broadcasts which include both school and district newsletters and videos. Additionally, local newspapers and TV stations often attend school events and photograph, videotape, or interview students about events and issues.

*Please note that the district and media will use some of the photos and videos taken at school events on their websites.* The district will still publish student pictures and images in school yearbooks.

Please complete the following and return the form to the High School Main Office, Attention Karen Donahue, if you DO NOT wish your child to be photographed or videotaped for school publications or by the media:

Student Name \_\_\_\_\_

Horseheads High School                      Grade \_\_\_\_\_

Parent Name (please print) \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

## **HORSEHEADS - NAKAGAWA** **SISTER CITIES EXCHANGE**

The Horseheads Sister City Association is delighted to announce the 2017 exchange trip to Nakagawa, Japan. The trip will be in early July and is open to all students in grades 8 - 11. Application materials can be picked up in the guidance office.

The Horseheads Sister City is seeking energetic and caring families with students in 7<sup>th</sup>, 8<sup>th</sup> or 9<sup>th</sup> grade to host two Japanese students during their March 10<sup>th</sup> – 18<sup>th</sup>, 2017 visit to Horseheads.

There will be an informational meeting at the Middle School library on Wednesday, November 2<sup>nd</sup>, at 7:00pm for all those interested in March hosting or July travel to Japan. Please email [kmurray@horseheadsdistrict.com](mailto:kmurray@horseheadsdistrict.com) with any questions.

## **LETTER TO PARENTS FOR SCHOOL MEAL PROGRAMS**

Children need healthy meals to learn. Horseheads Central School District offers healthy meals every school day. Breakfast costs \$1.25 for grades K-12; lunch costs \$2.10 for grades K-6r \$2.35 for grades 7-12. Your children may qualify for free meals or for reduced price meals. Reduced price is \$0.25 for breakfast and \$0.25 for lunch.

1. DO NEED TO FILL OUT AN APPLICATION FOR EACH CHILD? No. Complete the application to apply for free or reduced price meals. Use one Free and Reduced Price School Meals Application for all students in your household. We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to: Suzanne Blunt, Food Service Office, 950 Sing Sing Road, Horseheads, NY 14845.

2. WHO CAN GET FREE MEALS? All children in households receiving benefits from SNAP, the Food Distribution Program on Indian Reservations or TANF, can get free meals regardless of your income. Also, your children can get free meals if your household's gross income is within the free limits on the Federal Income Eligibility Guidelines.
3. Can foster children get free meals? Yes, foster children that are under the legal responsibility of a foster care agency or court, are eligible for free meals. Any foster child in the household is eligible for free meals regardless of income.
4. CAN HOMELESS, RUNAWAY, AND MIGRANT CHILDREN GET FREE MEALS? Yes, children who meet the definition of homeless, runaway, or migrant qualify for free meals. If you haven't been told your children get free meals, please call or e-mail Kim Williams, homeless liaison/migrant coordinator at 607.739.5601 ext 4311 or to see if they qualify.
5. WHO CAN GET REDUCED PRICE MEALS? Your children can get low cost meals if your household income is within the reduced price limits on the Federal Eligibility Income Chart, shown on this application.
6. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE APPROVED FOR FREE MEALS? Please read the letter you got carefully and follow the instructions. Call the school at 607.739.5601 ext. 3671 if you have questions.
7. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT ANOTHER ONE? Yes. Your child's application is only good for that school year and for the first 30 days of this school year. You must send in a new application unless the school told you that your child is eligible for the new school year.
8. I GET WIC. CAN MY CHILD(REN) GET FREE MEALS? Children households participating in WIC be eligible for free or reduced price meals. Please fill out a FREE/REDUCED PRICE MEAL application.
9. WILL THE INFORMATION I GIVE BE CHECKED? Yes and we ~~may also ask you to~~ send Mitten proof.
10. IF I DON'T QUALIFY NOW, MAY I APPLY LATER? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit.
11. WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION? You should talk to school officials. You also may ask for a hearing by calling or writing to: Dr. Thomas Douglas, Superintendent of Horseheads Schools, One Raider Lane, Horseheads, NY 14845, 607.739.5601 ext. 4201.
12. MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A US. CITIZEN? Yes. You or your child(ren) do not have to be US. citizens to qualify for free or reduced price meals.
13. WHO SHOULD I INCLUDE AS MEMBERS OF MY HOUSEHOLD? You must include all people living in your household, related or not (such as grandparents, other relatives, or friends) who share income and expenses. You must include yourself and all children living with you. If you live with other people who are economically independent (for example, people who you do not support, who do not share income with you or your children, and who pay a pro-rated share of expenses), do not include them.
14. WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work

overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.

15. **WE ARE IN THE MILITARY. DO WE INCLUDE OUR HOUSING ALLOWANCE AS INCOME?** If you get an off-base housing allowance, it must be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income.
16. **MY SPOUSE IS DEPLOYED TO A COMBAT ZONE. HER COMBAT PAY COUNTED AS INCOME?** No, if the combat pay is received in addition to her basic pay because of her deployment and it wasn't received before she was deployed, combat pay is not counted as income. Contact your school for more information.
17. **MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR?** To find out how to apply for SNAP or other assistance benefits, contact your local assistance office or call 1-800-342-3009.

**2016-2017 INCOME ELIGIBILITY GUIDELINES  
FOR FREE AND REDUCED PRICE MEALS OR FREE MILK  
REDUCED PRICE ELIGIBILITY INCOME CHART**

Total Family Size	Annual	Monthly	Twice per Month	Every Two Weeks	weekly
1	\$ 21,978	\$ 1,832	\$ 916	\$ 846	\$ 423
2	29,637	2470	1 235	1 140	570
3	37 296	3 108	1 554	1 435	718
4	\$ 44 955	3 747	1 874	<b>\$ 1 730</b>	\$ 865
5	\$ 52,614	4,385	2 193	2 024	1 012
6	\$ 60,273	\$ 5,023	\$ 2,512	\$ 2,319	\$ 1,160
7	\$ 67,951	\$ 5,663	\$ 2,832	\$ 2,614	\$ 1 307
8	\$ 75,647	\$ 6 304	\$ 3,152	\$ 2,910	\$ 1 455
*Each Add'l Person add	\$ 7,696	\$ 642	\$ 321	\$ 296	\$ 148

**How to Apply:** To get free or reduced price meals for your children you may submit an Eligibility Letter for Free Meals received from the NYS Education Department, OR carefully complete one application for your household and return it to the designated office. If you now receive SNAP, Temporary Assistance to Needy Families (TANF) for any children, or participate in the Food Distribution Program on Indian Reservations (FDPIR), the application must include the children's names, the household SNAP, TANF or FDPIR case number and the signature of an adult household member. All children should be listed on the same application. If you do not list a SNAP, TANF or FDPIR case number for all the children for whom you are applying, the application must include the names of everyone in the household, the amount of income each household member, and how often it is received and where it comes from. It must include the signature of an adult household member and the last four digits of that adult's social security number, or check the box if the adult does not have a social security number. An application that is not complete cannot be approved. Contact your local Department of Social Services for your SNAP or TANF case number or complete the income portion of the application.

**Reporting Changes:** The benefits that you are approved for at the time of application are effective for the entire school year. You no longer need to report changes for an increase in income or decrease in household size, or if you no longer receive SNAP.

**Income Exclusions:** The value of any child care provided or arranged, or any amount received as payment for such child care or reimbursement for costs incurred for such care under the Child Care Development (Block Grant) Fund should not be considered as income for this program.

**Nondiscrimination Statement:** This explains what to do if you believe you have been treated unfairly. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from ~~discriminating~~ based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form. (AD-3027) found online at: <http://www.ascr.usda.gov/complaint> filing and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
  - (2) Fax: (202) 6904442; or
  - (3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov).
- This institution is an equal opportunity provider.

**Meal Service to Children With Disabilities:** Federal regulations require schools and institutions to serve meals at no extra charge to children with a disability which may restrict their diet. A student with a disability is defined in 7CFR Part 15b.3 of Federal regulations, as one who has a physical or mental impairment which substantially limits one or more major life activities. Major life activities are defined to include functions such as caring for one's self, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning, and working. You must request the special meals from the school and provide the school with medical certification from a medical doctor. If you believe your child needs substitutions because of a disability, please get in touch with us for further information, as there is specific information that the medical certification must contain.

**Confidentiality:** The United States Department of Agriculture has approved the release of students names and eligibility status, without parent or guardian consent, to persons directly connected with the administration or enforcement of federal education programs such as Title I and the National Assessment of Educational Progress (NAEP), are United States Department of Education programs used to determine areas such as the allocation of funds to schools, to evaluate socioeconomic status of the schools attendance area, and to assess educational progress. Information may also be released to State health or State education programs administered by the State agency or local education agency, provided the State or local education agency administers the program, and federal State or local nutrition programs similar to the National School Lunch Program. Additionally, all information. contained in the free and reduced price application may be released to persons directly connected with the administration or enforcement of programs authorized under the National School Lunch Act (NSLA) or Child Nutrition Act (CM); including the National School Lunch and School

Breakfast Programs, the Special Milk Program, the Child and Adult Care Food Program, Summer Food Service Program and the Special Supplemental Nutrition Program for Women Infants and Children (WIC); the Comptroller General of the United States for audit purposes, and federal, State or local law enforcement officials investigating alleged violation of the programs under the NSLA or CNA.

Replicating: You may apply for benefits any time during the school year. Also, if you are not eligible now, but during the school year become unemployed, have a decrease in household income, or an increase in family size you may request and complete an application at that time.

The disclosure of eligibility information not specifically authorized by the NSLA requires a written consent statement from the parent/guardian. We will let you know your application is approved or denied.

Sincerely,  
Joseph Kilmer  
Regional Food Service Director  
607.739.6360

\*Applications are available in the cafeteria, Main Office, Guidance Office, and on the district website.

### **2016-2017 HEALTH EXAMINATION REQUIREMENTS**

New York State law requires a health examination for all students entering the school district for the first time and when entering Pre-K or K, 2nd, 4th, 7th, and 10th grade. The examination must be completed by a New York State licensed physician, physician assistant or nurse practitioner.

A copy of the health examination must be provided to the school within 30 days from when your child first starts at the school, and when your child starts K, 2<sup>nd</sup>, 4<sup>th</sup>, 7<sup>th</sup>, & 10<sup>th</sup> grades. If a copy is not given to the school within 30 days, your student will be scheduled with our School Medical provider. Our physical dates are during the school day.

If your child has an appointment for an exam during this school year that is after the first 30 days of school, please notify the Health Office with the date.

We suggest you make copies of the completed forms for your own records before sending them to the school health office. Forms may also be faxed to the Health Office.  
Horseheads High School Nurses, Ann Carbaugh RN & Carrie Tournour RN

### **LEADERS AFTER HOURS**

Leaders After Hours meet once a month from 3:20pm to 4:30pm in Room 160. The first meeting is Tuesday, September 20. This is a partnership program with the Corning Leader and their parent company, Gatehouse Media. It exposes students to various workshops, events, and work sessions using a number of technologies including mobile devices, smart boards, tablets, and other provided materials. The Leader looks to highlight students and their works in print and on line. They also provide a group of experts who will read, note, and provide feedback for those seniors who submit their college applications for scrutiny. This is a free service. All high school students in grades 9 - 12 are welcome to attend and participate.

## **ATHLETIC NEWS**

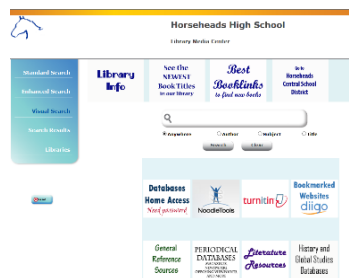
Any 7<sup>th</sup> or 8<sup>th</sup> grader interested in playing a JV or VS sport will need to follow the Athletic Placement Process timeline which can be found on our athletic web page. The APP paperwork will be available with the MS Nurse. The first and most important part of the process is to get the Parent permission form turned into the MS nurse by October 13<sup>th</sup>.

Our 2016 Winter season will begin November 7<sup>th</sup> for Varsity and JV. Online registration opens October 7<sup>th</sup>. Modified season begins November 14<sup>th</sup>. Online registration opens October 15<sup>th</sup>. Family ID is the online system for sports registration. More details are on the district website under Athletics.

Please ensure the athletes physical is on or after November 1, 2015 for a Winter sport and that the Nurse has a copy so the athlete can be cleared medically. Once the student-athlete has been cleared by the Athletic Department and Medical Department the coach will receive notification.

## **NEWS FROM THE HIGH SCHOOL LIBRARY**

The library website is a great resource for your students. It's not just for finding books, but for everything from research to creating citations to technology help tips. Students can access the library 24/7 by going to [www.horseheadsdistrict.com/high/library](http://www.horseheadsdistrict.com/high/library). Your students have been given a code that will allow them to access all the databases with a single password. If you have any questions about our library resources please contact Mrs. Frei ([mfrei@horseheadsdistrict.com](mailto:mfrei@horseheadsdistrict.com)) or Mrs. Sheets ([msheets@horseheadsdistrict.com](mailto:msheets@horseheadsdistrict.com)). The library is open for students from 7:30-3:30 each school day.



**LIBRARY TECH TIP:** Students often need Word, PowerPoint, or Excel to complete school assignments. Don't have these at home? No problem! Your students now have their own school email and access to all these programs 'in the cloud' through Office 365. A great benefit to having this account is that the full version of Microsoft Office can be downloaded at home to up to five devices. Students now have unlimited access to storage in the 365 cloud which stores your documents, spreadsheets, and presentations where students can access them from any internet connected device – no more need to bring things back and forth on a flash or email things to themselves.



Many teachers are now sending students emails about assignments and they are also receiving messages from the office and library through their school emails. Please encourage your students to check their email regularly so that they don't miss important information. We are more than happy to help your students access this valuable resource on their computers or smart phones. Just have them come and visit us in the library.



## **CALENDAR REMINDERS**

Saturday	September 24, 2016	Homecoming Game & Dance
Wednesday	October 5, 2016	End of 1 <sup>st</sup> Marking Period
Monday	October 10, 2016	Columbus Day – NO SCHOOL
Wednesday	October 19, 2016	Report Cards Issued
Wednesday	October 19, 2016	Parents Night (6:30 – 8:00 p.m.)
Friday	October 21, 2016	Conference Day – NO SCHOOL
Monday	November 7, 2016	End of 2 <sup>nd</sup> Marking Period
Friday	November 11, 2016	Veterans Day – NO SCHOOL

Facebook: The district & each of our seven schools have pages. “Like” them to see information in your news feed

Twitter: Follow us on Twitter at @HhdsSchools to read our tweets

Follow us on Instagram at hhdsschools

Visit our district website at [www.horseheadsdistrict.com](http://www.horseheadsdistrict.com).

Questions about our website or social media? E-mail [hcsdinfo@horseheadsdistrict.com](mailto:hcsdinfo@horseheadsdistrict.com)

NOTICE: The Horseheads Central School District offers educational programs without regard to actual or perceived race, color, weight, national origin, ethnic group, religion, religious practice, disability, sex, sexual orientation, or gender (including gender identity and expression). Inquiries regarding this notice may be made to Judy Christiansen, Title IX and DASA Coordinator, or Kim Williams, Section 504 Coordinator, Horseheads Central School District, One Raider Lane, Horseheads NY 14845, (607) 739-5601.

NOTICE: The Dignity Act Coordinator (DAC) for Horseheads High School is Mike McCawley. Complaints regarding discrimination, harassment, or bullying of any student should be referred to Mr. McCawley 739-5601, ext. 1603. The Dignity Act Coordinator for the Horseheads Central School District is Judith Christiansen. Mrs. Christiansen may be reached at One Raider Lane, Horseheads, NY 14845, 607-739-5601, x4211.